

NORTHERN DIVER

FINS MANUAL

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Thank you for purchasing Northern Diver Fins. To help ensure your future diving safety, do not use this product before reading this manual. It is important to fully understand its proper handling for safe usage. This manual is supplied as a guideline for equipment use and care. It is not a substitute for proper qualified instruction and is not supplied as such.

Type of fin

Your fins will either have a full foot pocket or an open heel. Fins with full foot pockets, for example our Tropical Pool Fins, are designed for light diving applications such as wetsuit diving in warm conditions. Full foot pocket fins are not normally worn with wetsuit or drysuit boots. They should fit comfortably – not too tight or too loose.

Open heel fins are more commonly used than full foot pocket fins. These fins are used across a wide range of diving conditions and should be worn with in-water footwear such as wetsuit or drysuit boots. Due to the bulkiness of in-water footwear like drysuit boots, the foot pocket may seem bigger than that of a full foot pocket fin. Your foot is secured in this type of fin by means of a strap running across the open heel.

Open heel fin straps

Our open heel fins are supplied with rubber straps as standard. These connect to the fin's anchor points and can be released by means of their quick release buckles. The straps can be tightened by pulling on the ends of the strap and loosened by pressing the strap's buttons near both anchor points. You may need to pull on the strap slightly when loosening.

You can opt for our metal Spring Fin Straps for an extra charge. These straps aren't adjustable, as the tension from the metal spring secures your foot in place, but they are available in different sizes.

Refer to our website for further details.

Our Spring Fin Straps are available with either plastic or metal buckles. Fins with 'soft' rubber anchor points, such as our Jet Fins, can only be used with the plastic buckle variant. This is because the metal buckles can damage this type of anchor point. Get in touch with us if you are unsure if your fins can be used with our metal Spring Fin Straps.

Note: Our Jet Fins are available with rubber fin straps with clamp buckles. To tighten the strap, the rubber strap folds back on itself through the buckle (and vice versa for loosening), and the strap is then pulled towards the fin's foot pocket to clamp the strap in place. Pulling the other way releases the buckle.

The plastic variant of the Spring Fin Straps features quick release buckles like the ones found on our rubber fin straps. The metal Spring Fin Straps do not have this feature.

Before diving

Remember that it's your responsibility to use and store your diving equipment responsibly.

Inspect your fins (and straps if used) thoroughly before putting them on, checking for any signs of damage. If damage is suspected, do not use your fins.

When putting your fins on and taking them off, we recommend that you either:

- Sit down
- Stand and hold your diving buddy's shoulder for support

Full foot pocket fins

You may find it easiest to fold down the down the back of the foot pocket when inserting your foot, folding it back up to its original position when your foot is fully inserted. Alternatively, grip the back of the foot pocket and insert your foot, using your other hand to steady the fin if you are sat down.

Open heel fins

Ensure the strap is moved downwards out of the way of the foot pocket and that it has been loosened if it is a rubber strap. Insert your foot into the fin, using your hands to steady the fin if you are sat down. Once your foot is inserted, bring the strap back to its operational position.

If you are using rubber straps, pull each end of the strap until you have a snug but comfortable fit.

If you are using Spring Fin Straps, the strap should automatically secure your foot. If you are using rubber straps with clamps, tighten the strap by folding it back on itself through each buckle and pulling the ends of the strap. Secure each end of the strap by pulling it towards the foot pocket.

After diving

Remove your fins as soon as possible after you leave the water, ensuring it is safe to do so. Remember – sit down or stand, using your diving buddy's shoulder for support if standing.

Note: Remove your fins when walking through shallow water, i.e. if you are walking to shore.

Full foot pocket fins

Again, you can fold down the rear of the foot pocket to assist with this, folding it back up to its original position once done, or you can grip the rear of the foot pocket, steadying the fin with your other hand if you're sat down.

Open heel fins

If you have plastic Spring Fin Straps, you can press the quick release buckle to release your foot from your fin.

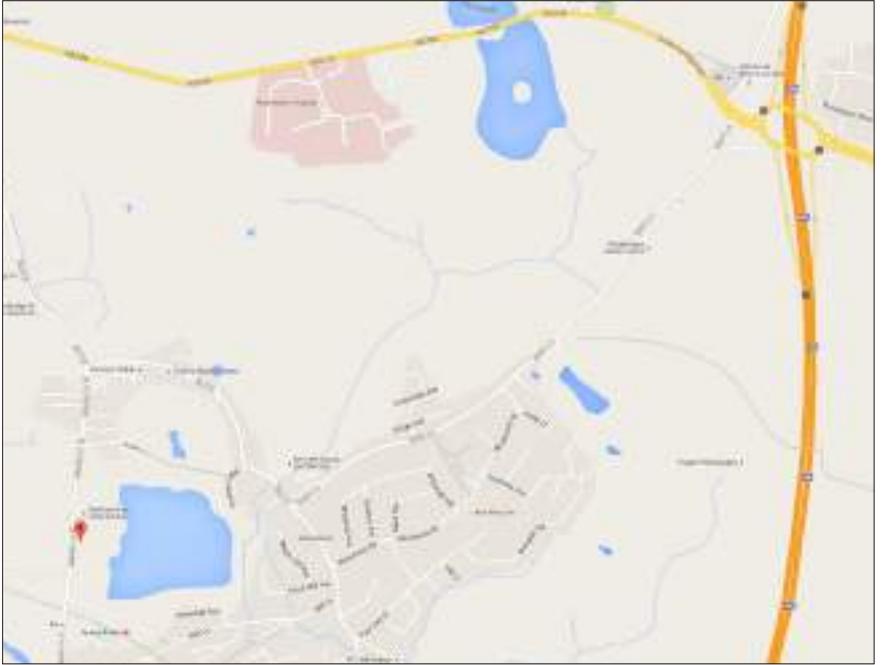
If you have metal Spring Fin Straps, pull the strap out and downwards to release your foot.

If you are using rubber straps with clamps, pull each end of the strap away from the foot pocket to release the strap, and thread the strap back through the buckle to loosen.

Rinse your fins with fresh clean water and dry with a towel or similar.
Store your fins in a cool, dry place.

Warning: Do not leave your fins in direct sunlight.

Find us



We are happy to answer any questions you may have.

We are located in Appley Bridge, Lancashire, UK - only 5 mins from the M6 motorway (J27). Manchester & Liverpool international airports are only 40 mins away. Wigan North Western rail station is 2 hrs & 3 mins from London Euston.

We are more than happy to collect clients and return them after their visit.

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Find Us Online.

View our extensive product range

www.ndiver.com



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